

My Professional Learning Process – Kaelin Staats

How would you describe me as a sports professional?

Sophie: Kaelin is open-minded and always ready to help, along with that she is very enthusiastic. She provides structure and organization, through also showing her leadership skills when needed.

Dan: A very organized, disciplined, and reliable sports professional. She does her work on time and always delivers a quality product. She is very active and involved, not just in schoolwork but also outside of it with voluntary activities – giving practice at her sports club, honours classes, extra program volunteer and part time work. All these things show how much she can handle with all those responsibilities.

Julius: Kaelin is a reliable and efficient professional who knows how to handle assignments and exams. Working with Kaelin in the study has been a pleasant experience. Her attitude and work ethic are always pushing the group to be more efficient.

Erik: Yes

Kikki: Dedicated to a lot of different sports which you seem to love. You know what you talk about and are eager to learn more and more.

What changes can you see in my behaviour looking at year 1 and year 2 of sport studies?

Sophie: Kaelin has become more forward and outgoing, she shows to take more initiative and is has become more confident.

Dan: I think in the first year, she would always take lead and be in charge of most of her group projects. While that may be a good thing, it can be overbearing to some people and her peers. So in the second year, I think the behavioural change is that she would have a more balanced approach - giving and letting others the opportunity to lead as well. And when she notices that a group needs a leader, then she is always more than ready to take charge.

Julius: The most notable change in my opinion would be the openness and inclusion of class mates. Regarding the first year it was hard for people in general but Kaelin showed that she is capable of overcoming these difficulties and her behaviour and attitude has only improved.

Erik: More helpful, more aware of others' behaviour.

Kikki: In year 1 you seemed to want to get the best grades possible as for year 2 I feel like you are more absorbing the information and seeing what you can do with it in the future instead of wanting to do everything great, you know want to collect the information for yourself.

In what working area do you see me in the future?

Sophie: Either in the management area, or just in general helping people and working to make a change.

Dan: I can see Kaelin working in various top sport organisations from professional football to hockey clubs from national and even international scale. It is entirely up to her where she takes her professional career but any organisation would be lucky to have her join them.

Julius: Kaelin is already coaching in hockey and working around it, as well as being a player herself. From my experience I would see her working in a hockey organisation in the Netherlands, potentially scouting or training the next generation talents.

Erik: Anything in sport.

Kikki: Could be within any type of sports if you ask me.

What qualities do you think I have at this moment?

Sophie: Open-minded, creative, organized, culturally aware and sensitive, accountable

Dan: Skilled planner, Organized, People-oriented, Communication, Leadership skills, Responsible, Accountability, Creative.

Julius: Kaelin is well organised and efficient. She is also the class spokesperson which gives her a lot of experience in communication in hierarchical structures such as the university.

Erik: Many qualities, always spot on and knows what to do.

Kikki: accurate, Communicative, Creative, Driven

What qualities do you think I need to work on in order to become a sports professional?

Sophie: I don't know hahaha

Dan: I think Kaelin has most of the qualities to take the next step as a sports professional. However, sometimes her emotions can get the best out of her. Whether if it is working with a challenging member or an approach the group takes out of her interest, there seems to be a tendency of demotivation or disinterest which worsens the team morale and prevents her from being as productive. I think the quality of emotional control can really benefit her. After all, it is inevitable that there will always be challenging colleagues she will work with. Daily practice of mindfulness and using their proven techniques can really help overcome those stressful and frustrating moments when they arise so that would be my advice.

Julius: As most of Kaelin's qualities are already on a high level, it is important for her to continue to improve on these skills. The general level of professionalism is high when assessing Kaelin. A general improvement of her skillset will help her advance to the next level.

Erik: Do not talk Dutch when internationals around. So be a bit more attentive.

Kikki: Could be being more decisive in general, don't hesitate too much and listen to yourself.